



**a warm & friendly welcome from the team**

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## **GLUTEN FREE MENU**

**Here at Bibendum, we pride ourselves on offering a great dining experience.**

**Our aim? To serve simple yet tasty pub grub, in good ol' fashioned portion sizes.**

**We are also proud to support local, with many of our food & drink suppliers from & around Eastbourne itself.**



get social, tag us @bibendumeb



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### **Saving the £££s**

**- TWO MAINS FOR £20 -**

*available all day Monday to Thursday on selected dishes\**

**- WINE & GIN OF THE MONTH - LOCAL CASK ALE DISCOUNTS & CRAFT BEER -**

● **10% BLUE LIGHT CARD DISCOUNT FROM YOUR BILL WITH ANY FOOD PURCHASES** ●

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### **Dietary Requirements**

*while many of our dishes can be made to suit certain dietary needs, our food is prepared in a kitchen when allergens are present, so if there are any specific requirements, please let us know*

a list of allergens is below & full allergen information can be provided

- fish - crustaceans - lupin - milk - molluscs - mustard - tree nuts - peanuts - sesame seeds -  
- cereals - eggs - soy beans - sulphur dioxide - celery

*a discretionary 10% service charge is added to your bill & split between the whole team*

# Starters & Small Plates

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## **Homemade Soup of the Day £7**

*served with warm, toasted bread & butter*

## **Chicken Liver Pate £7.5**

*topped with butter, a side red onion chutney & served with warm bread*

## **Oven Baked Camembert £9**

*topped with garlic butter & served with warm bread & red onion chutney*

## **Salt & Pepper Seasoned Squid £8.75**

*lightly coated fresh squid strips, deep-fried & finished with a sprinkling of salt & pepper seasoning, juiced lemon & served with garlic mayonnaise*

## **Bibendum Bruschetta £7.5**

*bruschetta portions with homemade olive tapenade, sundried tomatoes, crumbled feta & a basil oil*

## Sides & Nibbles

**Stuffed Olives £4.25**

**Pitta & Houmous £4.95**

**Chips or Fries £3.95** *add cheese £1*

**Marinated Mixed Olives £3.75**

**Mixed Breads & Oils £4.85**

**Garlic Bread £4** *add cheese £1*

# Bibendum Lunches

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available until 5.30pm

## Deep Filled Jackets from £8.25

*all served with your choice of fillings, house salad & a side of coleslaw*

- spicy chilli beef & sour cream £8.95 -
  - cheddar cheese & beans £8.25 -
  - smoked salmon & cream cheese £8.95 -
  - prawn marie rose £8.95 -
  - butternut squash & mixed bean chilli (v/ve) £8.5 -
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## Gluten Free Sandwiches

from £8.75

*made to order & served with house salad*

- Peppered Steak & Red Onion £9.50 - Cajun Chicken & Mint Yoghurt £8.95 -
- Prawn Marie Rose £8.95 - Fish Finger & Tartar Sauce £8.75 -

## Bibendum GF Club Sandwich from £9.85

3-tiered; bacon, egg, chicken, mayo & salad, served in gluten free bread

*add fries £1.75*

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## Bibendum Ploughmans £12.5

**A hearty ploughman's with a selection of:**

Stilton – French Brie – Sussex Mature Cheddar – Sussex Ham – Pork & Herb Sausage

*served with dressed salad, coleslaw, butter, piccalilli & red onion chutney, a stalk of celery  
& a selection of breads*

## **Salads** from £11.25\*

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available all day

**Nicoise** *crispy baby gem lettuce, soft boiled egg, tomatoes, tender green beans, new potatoes, olives & a French dressing* **£11.25**

**Mediterranean** *mixed leaf, peppers, olives, onion, feta, sundried tomatoes & basil pesto* **£11.25**

**Caesar** *cos lettuce, anchovies, crispy bacon, herb croutons, parmesan cheese & dressing* **£11.5**

*feeling adventurous... add to any of your salads;*

*add tuna £1.5 add chicken £1.75 add prawns £1.5*

## **Sharing Plates**

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available all day

**Antipasti £18.5**

*a selection of dried & cured meats; chorizo, prosciutto ham, salami, sweet stuffed peppers, homemade houmous, marinated olives, sundried tomatoes, warm breads & pitta & a side of butter*

**Oven Baked Camembert Sharer £14.75**

*topped with prosciutto ham & garlic butter, served with caramelised red onion chutney & a guest chutney & warm breads*

# Bibendum Main Plates

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## **Locally Sourced Pork & Herb Sausage & Mash £12.95\***

*a trio of sausages served with caramelised red onion gravy, creamy mash potato, seasonal vegetables & homemade vegetable crisps*

## **Local Beer Battered Fish & Chips £13\***

*tender cod loin in a local real ale in-house batter, with homemade tartar sauce, chunky chips & peas*

## **Pan-Fried Salmon Fillet £16.5**

*served with sautéed thyme potatoes & grilled asparagus, in a white wine & spinach sauce*

## **Gourmet 8oz Beef Burger £13.75\***

*prime beef burger served in toasted bun with smoked bacon, cheese, salad, beef tomato & burger relish, finished with fries & a side of coleslaw*

## **Slow Roasted Belly of Pork £18.5**

*served with creamy dauphinoise potatoes, seasonal greens, braised red cabbage, apple & cider sauce & salted crispy crackling*

## **Bibendum Mac & Cheese £12.75\***

*oven-baked macaroni in Sussex mature cheddar topped with crispy spinach, diced bacon & a drizzle of truffle oil*

## **Chefs Risotto of the Day £14.25**

*arborio rice served with truffle oil & parmesan shavings*

## **Ham, Egg & Chips £12.85\***

*honey glazed ham, hen's eggs, chips & a side of piccalilli*

**specials board also available; ask your  
server what we have today**

# Bibendum Main Plates

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## **King Prawn & Pesto Linguine £15.95**

*meaty king prawns & linguine tossed in a light green pesto sauce & chilli oil, topped with pea shoots & parmesan*

## **Butternut Squash & Mixed Bean Chilli £14.25\***

*spiced mixed beans & oven roasted butternut squash, olives, peppers & sundried tomatoes, served on a bed of saffron rice with a helping of sour cream*

## **Grilled Cajun Chicken Burger £14.25\***

*a butterflied chicken breast with our Cajun blend in a toasted bun with cheese, salad, beef tomato, sliced beetroot & BBQ sauce, finished with fries & a side of coleslaw*

## **Grilled Fillet of Seabass £16.85**

*served with garlic butter crushed new potatoes, sautéed greens & a buttered white wine sauce*

## **Classic Fish Gratin £13.85\***

*tender pieces of fish cooked in a white wine & cream sauce topped with creamy mash & cheese & served with a side salad*

## **Veggie Burger £14\***

*homemade falafel & mixed bean patty served in a toasted bun topped with grilled halloumi, salad, red onion, sliced beef tomato & mint yoghurt with a side of fries & coleslaw*

specials board also available; ask your  
server what we have today

# Something for Afters

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## Hot Drinks

*we source our coffee beans from a Brighton-based company called Black Rock Coffee & our tea is a family owned, London company named Birchall who produce high quality, award winning teas*

<b>Coffee</b>	<b>££</b>	<b>Tea</b>	<b>££</b>
Espresso	2.2	Great Rift Breakfast blend	2.65
Doppio	2.35	Great Rift Decaf	2.65
Americano	2.7	Earl Grey	2.75
Latte	2.85	Green Tea	2.75
Cappuccino	2.85	Lemon and Ginger	2.75
Flat White	2.85	Camomile	2.75
Mocha	3.2	Peppermint	2.75
Hot Chocolate	3	Red Berry & Flower	2.75

*add cream & marshmallows 0.50*

*add syrups to you coffees; peppermint, hazelnut, caramel, vanilla, gingerbread +0.8  
all of our coffee is made with semi-skimmed milk. soya available at no extra cost*

<b>Liqueur coffee</b>	<b>from £5</b>	<b>Digestif</b>	<b>from £4.50</b>
Jameson		Bulas Ruby Port	
Baileys		Romante Sherry	
Amaretto		Amaretto	
Kahlua		Martell VS	
Spiced Rum		Baileys	
Havana Club Rum		Chivas Regal 12y/o	
		Jameson Barrel Back Whiskey	
		Laphroig	
		Monkey Shoulder	
		Nikka Barrel Japanese Whisky	

## Room for Dessert?

**Always! 😊**

# Desserts

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**all of our desserts are made in-house using fresh ingredients**

**Double Chocolate Brownie £6.75**

*served with vanilla ice cream & chocolate sauce*

**Bakewell Tart £6.85**

*warm bakewell tart served with vanilla ice cream*

**Chef's Choice Cheesecake £6.75**

*ask your server what todays is!*

**Chocolate Brownie Sundae £8.75**

*vanilla & mint chocolate chip ice cream served with chocolate brownie chunks, topped with chocolate sauce*

**Two or Three Scoop Ice Cream from £4.5**

*a choice of Yarde Farm chocolate, vanilla, strawberry or mint chocolate chip;*

*all served with a biscuit wafer*

**Two or Three Scoop Sorbet from £3.5**

*choose from lemon, blood orange or mango*

**Homemade Cake from £2.75**